

LIVING WATER

The Monthly Newsletter of Christ the Saviour Orthodox Cathedral ❖ Nov 2023



Dear Brothers & Sisters in Christ,

It should come as no surprise to anyone who has read the Holy Scriptures that the ways of this world are generally the opposite of God's ways. Although all of creation belongs to the Lord, mankind, for the most part, lies under the influence of the devil. An obvious example of this is the ever-increasing desire for attention, for notoriety, even for infamy.

Human beings have always struggled with being self-centered; but today there are so many more ways to fulfill this desire. We can easily concoct an image of ourselves and then market it on social media. Now everyone is an actor, a rock star, a political commentator, or medical expert. Our technology and lifestyles easily lend themselves to that most destructive of all vices: pride.

It is written, "Pride goes before destruction, and a haughty spirit before a fall" (Proverbs 16:18). Thus the antidote to pride is its exact opposite: humility. But we would be mistaken if we thought that humility is the product of either nature or nurture. Instead, we should understand it as something we must intentionally foster.

When a grizzly bear thinks it is being

threatened, it rears up and tries to make itself look larger and more powerful. This is common with many animals. However, a boxer is taught to make himself small in the ring because a larger target is more easily taken down. And yet, many boxers, as they become fatigued, have a tendency to stand up straight and become bigger. If they would remember their training in that moment, they would resist that urge and shrink down instead.



It is the same with humility: we must make a conscious effort to make ourselves small, to lower ourselves, to avoid self-aggrandizement. Saint Sophrony of Essex taught that we should envision a humble thought, attach ourselves to it, and ride it into the depths of humility.

This entails letting go of the desire for power and authority, and even the need to be the focus of others' attention.

All of this is counter-intuitive to societal thinking. But God's ways are most important. As the apostle teaches us, let us "be clothed with humility, for 'God resists the proud, but gives grace to the humble'" (1 Peter 5:5).

In Christ,



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**Offering the Living Water
to Southeast Florida.**

Visit our website for news, announcements
and changes to our schedule.

www.OrthodoxMiami.org

Announcements

✦ *Annual Meeting*

Our Annual Meeting for the parish will be on Nov 12 after the Divine Liturgy. We ask that all pledged members please attend so that we may have a quorum for the meeting.

✦ *Foster Miami*

There will be a presentation from the Christian non-profit organization Foster Miami on Nov 19 after the Liturgy. They will provide info on how to sponsor a foster child or provide support for one.

✦ *Thanksgiving Liturgy*

Join us on Thanksgiving Day for a Divine Liturgy at 10 AM.

Clergy

Fr. Joseph Lucas, PhD., MDiv.
*Rector of the Cathedral
Dean of South Florida*

Dn. Carlos Miranda, MDiv.

Minor Orders

Sbdn. Michael Richards
Rdr. Anthony Brian Allen
Rdr. Nilus Wawerczyk
Rdr. Anthony Saborio

Retired Attached

Fr. Michael Zaparyniuk
Fr. Leonid Palceski

Parish Council

Rdr Nilus Wawerczyk - Warden, Treasurer
Nicole Mary Richards - Secretary
Rdr Anthony Brian Allen - Council Member
Duane Patrick Clarke - Council Member
Vernon Andrew Lee - Council Member
William Wusylko - Council Member
Henry Campos - Social Media Manager

Choir

Elena Voronkova - Director

Orthodox Book Center

Rdr Nilus Wawerczyk - Director

Financial Secretary

J. Thomas Hornsey

Office Secretary

Hope Petipren

Prayer List for Healing

Bianca Iulia Goean / Ayesha Doten
Elena Voronkova / Karen Vera Budowski
Norma Skuby / Vernon Andrew Lee
Edward White / Georgette Hartner
Catherine and Elena Morris
Georgina Nikolic / Mary Perkins
Angela Allen / Joshua Herbert
Jennifer Mary, Josiah, & Gabriela Heredia



“You won’t become
saints by hounding
after evil. Ignore evil.
Look towards Christ
and He will save you.”

- St Porphyrius

November Birthdays

- 1 Lisa Herbert
- 3 Lillian Raynes
- 7 Iulia Goean
- 12 Vasilisa Tikhonov
- 13 Mekhi Bryant
- 14 Johnathan Clarke
- 15 Matushka Irina Lucas
- 15 David Bruce
- 15 Kathleen Shiskin
- 16 Felipe Pineros
- 17 J. Thomas Hornsey
- 18 Joseph Waite
- 20 Joshua Herbert
- 20 William Herbert
- 24 Hendrick Mejias
- 27 Luke Thomas Paulovkin

November Anniversaries

- 1 J. Thomas & Victoria Hornsey
- 7 Mikail & Laura Ramcharan
- 10 Junior & Argentina Garcia
- 27 Henry & Natasha Campos

Wish List

Creamers and 1/2 & 1/2 for Agape Hour

*Manischewitz Concord Grape Wine
for Zapivka (after communion)*

Olive Oil for Lamps

*Winn Dixie / Publix Gift-Cards
for the Needy*

Books or Rolls of Stamps

Costco Colombian Coffee

*Home Depot Gift Cards
for Parish Gardening / Tools*