

LIVING WATER

The Monthly Newsletter of Christ the Saviour Orthodox Cathedral ❖ Jan 2022



Dear Brothers & Sisters in Christ,

We live in a society that loves “life hacks”: easy to remember tips to do things more efficiently, more elegantly. And many ask me for something similar in regards to our religion. However, the Orthodox Christian life cannot be made simpler or easier. Overcoming our unruly and selfish nature is hard work; and so patience and diligence are required.

But there are a few essential aspects of our faith that we can easily remember. Each of these is something we do, not simply something that we believe to be true. I call these “The 5 S’s of Orthodox Christianity.”

In the attached image, I arranged them as a Venn Diagram. In part, this is because they each overlap one other.

But there’s more to it. As we begin to engage these practices, we move in a spiral pattern towards the center. The more we do them, the more they become intuitive; and the further in we travel, the closer we become to Jesus Christ and the more we reflect his image.

The first of the 5 S’s is “Scriptures.” We should try to read the Bible daily. One year, we might follow a “read the Bible in a year” format, and the next year, we may follow the liturgical readings on the calendar (the “lectionary”). Either way, we need to make time for God’s revelation, to be informed and shaped by the text.

The second S is for “Saints.” Rather than studying “high falutin” theology which can puff us up, it is wiser to read the biographies of the Saints, and to emulate their humility and holiness.

Next are the “Sacraments.” If you are already baptized into the Orthodox Church, you should be regularly preparing for and partaking of the Eucharist. In addition, you should confess on a schedule agreed upon with the parish priest.

The next S is for “Services.” Simply put, we should do our best to structure our schedule around attending the communal worship of the Church: Liturgy, Vespers, Vigil, Small Compline, and feastdays. And last but not least is the fifth S: “Asceticism” (a play on words). We cannot grow in our faith without fasting, prayer, and

regular acts of mercy (charity) towards others.

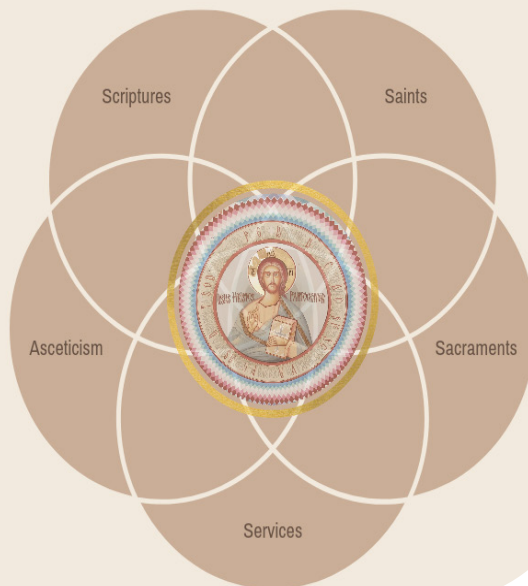
Rather than making a meaningless New Year’s Resolution this year, make a commitment to engage in the 5 S’s of our faith. They may not be easy, but the rewards are eternal.

In Christ,

THE WAY TO SALVATION

The 5 S’s of Orthodox Christianity:

- 1) Study the SCRIPTURES; 2) Read and emulate the lives of the SAINTS; 3) Partake of the SACRAMENTS; 4) Attend SERVICES often; 5) Practice ASCETICISM—fasting, prayer, and acts of mercy.





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**OFFERING THE LIVING WATER
TO SOUTHEAST FLORIDA**

Visit our website for news, announcements
and changes to our schedule.

www.OrthodoxMiami.org

Announcements

✠ Parish Feastday Vigil

Join us for our parish feastday of Theophany. We will celebrate the All-Night Vigil on the eve of the feast (January 5) at 6 pm; followed immediately by the Divine Liturgy at 8 pm.

✠ Parish Feastday Luncheon

We will celebrate the Great Blessing of Water after Divine Liturgy on Sunday, January 9. After this, we'll have a fundraiser luncheon (Adults \$10) instead of regular coffee hour.

✠ Brotherhood and Sisterhood...

Will meet simultaneously on Sunday, January 30 after coffee hour.

Clergy

Fr. Joseph Lucas, PhD. Cand., MDiv.
*Rector of the Cathedral
Dean of South Florida*

Dn. Carlos Miranda, MDiv.

Minor Orders

Sbdn. Michael Richards
Rdr. Christopher Herbert
Rdr. Anthony Brian Allen
Rdr. Nilus Wawerczyk

Retired Attached

Fr. Philip Reese
Fr. Peter Tutko
Fr. Alexander Padlo
Fr. Michael Zaparyniuk
Fr. Leonid Palceski

Parish Council

Rdr Christopher Herbert - Warden / Secretary
Rdr Anthony Brian Allen - Council Member
Rdr Nilus Wawerczyk - Council Member
Nicole Brown - Council Member
Duane Clarke - Council Member
Vernon Lee - Council Member
William Wusylko - Council Member

Choir

Elena Voronkova - Director

Financial Secretary

J. T. Hornsey

Women's Ministry

Angela Allen - Coordinator

Office Secretary

Hope Petipren

Prayer List for Healing

Carrie Wusylko / Ayesha Doten
Enis Jakolenko / Karen Budowski
Norma Skuby / Jose Fernandez
Edward White / Georgette Hartner
Joshua Herbert / Antonio Nicodemo



**January begins a
New Fiscal Year
at the Cathedral.
Please remember
to keep up with
the amount you
pledged to donate
in 2022.**

January Birthdays

6 Ronald Delavega
8 Ion Mavrodin
9 Norma Skuby
10 Emma Lowrey
11 Jennifer Lemieux
13 Ricardo Sarmiento
18 Peter Tikhonov
25 Hugo Ortiz
27 Ayesha Doten

Wish List

*New Towels for Kitchen: Lg. bath,
med. hand towels, all white*

Lg. frozen entrees for Coffee Hour

New set of knives for the Kitchen

Dish Soap for Kitchen

*Winn Dixie / Publix Gift-Cards
for the Needy*

Books or Rolls of Stamps

Costco Columbian Coffee

Donations toward Church Furniture